

Inspiring communities for older people



VOLUNTEER NEWSLETTER

DECEMBER 2021, ISSUE 16

Volunteer Update

TWO days until Christmas! Another year almost done and dusted and new beginnings awaiting us for 2022.

It has been unfortunate that we weren't spared a new COVID variant before Christmas, with the number of new infections rapidly rising. Another timely reminder to be vigilant with hand washing/sanitising, social distancing, wearing a mask in crowded/confined spaces and getting a COVID booster shot.

That being said, I would like to thank each of you for your volunteer work and support during 2021. We truly value all our volunteers and your daily commitment to Warrigal and the people that we care for.

Here are some reminders why volunteers play such a valuable and special role at Warrigal.

- Did you know YOUR SMILE brightens up the day of residents and staff?
- Did you know each GENTLE TOUCH on a hand shows our residents they are supported and loved?
- *Did you know* your **LISTENING EAR** allows residents to be heard and share their stories and memories?
- *Did you know* every **WALK IN THE GARDEN** provides joy and happiness to our residents as they enjoy the sunshine and connect with nature?
- Did you know your ENCOURAGEMENT gives residents the boost they need to keep active and join in activities?
- Did you know the SUPPORT you give assists residents to have fun, find enjoyment and form friendships?
- *Did you know* that residents and staff look forward to your **PRESENCE** each week?

Wishing you and your families a very happy Christmas and a safe New Year.

Michelle Chate, Volunteer Coordinator



Virtual Christmas Raffle

Congratulations to the following volunteers were who received a Christmas Hamper in our Virtual Christmas Raffle.

1st PRIZE - Beth T, Carol B, Russell P, Kathy B, Lyn B, Alana W, Meredith M, Peter M, Jan E, Thomas H

2nd PRIZE - Gail C, Lydae P, Linda O, Janice G, Barbara D, Vicki O, Pauline B, Melinda M, Susan T, Lisa J





GOLDEN ANGELS



After many months of planning, coordinating and recruitment, our Golden Angels Volunteer Program will kick off in January 2022.

We now have a wonderful team of 15 Golden Angel Volunteers who bring a variety of skills, backgrounds and age demographics and are all passionate about older people living their best lives.

Welcome our Golden Angels - Bronwyn, Nicola, Kait, Nicole, Jan, Michelle, Lisa, Ashwini, Tony, Maureen, Kai Ping, Emily, Simone, Carmel and Sandra.

On 27th & 28th January this group of volunteers will undertake two days of comprehensive training provided by NSW Health. They will also get to meet other volunteers involved in the program, receive their official Golden Angels Polo shirt and be introduced to residents and staff at Stirling.

We will continue to recruit volunteers in the weeks leading up to our training.



Book in your Booster

It is now recommended that you receive your COVID booster five months after your last vaccination.

You can find additional information regarding COVID booster vaccinations on the NSW Government website

REMEMBER to email or text your COVID booster evidence to volunteering@warrigal.com.au or 0436 806 723.

Warrigal Christmas Hampers

Albion Park Village Hall was buzzing with excitement a few weeks ago, as a group of our special volunteers got together to help pack 400 Christmas hampers!

With Christmas carols playing loudly, it took around 15 volunteers just under two hours to put together all of the hampers, as they worked together in a production line to make sure every gift was special for our customers who will be receiving them.

What a perfect example of our volunteers leading The Warrigal Way and bringing some joy to older people this Christmas.

"The Christmas Hampers were wonderful. Please thank the volunteers for their help. I absolutely loved my gifts and had as much fun with all the goodies as I did as a child with my Christmas stockings. Great memories, then and now". Anne S (Bundanoon)







Name Badge

A reminder that all staff and volunteers are required to wear your WARRIGAL NAME BADGE at all times whilst volunteering.



Your name badge provides identification to staff, residents and families that you are a Warrigal Volunteer and able to enter one of our homes.

If you have lost or misplaced your Name Badge, please email volunteering@warrigal.com.au or call 0436 806 723 to order a replacement.













Volunteers Spread Christmas Cheer Across Warrigal





















2021

NATIONAL PROVIDER OF THE YEAR

WINNER



We were pleased to be awarded the national award for 'Aged Care Provider of the Year' at the 2021 Aged & Community Services Australia Award ceremony during December.

CEO, Mark Sewell, said winning the award is a wonderful way to finish off the year for Warrigal, after a string of award successes for Warrigal.

"We are truly honoured to be named the Aged Care Provider of the Year, and this, along with several other recent award wins, champion the great staff and workplace culture we have here at Warrigal".

Lifestyle Team Leader Contacts

APR - Natasha McAlister (0476 858 870) nmcalister@warrigal.com.au

Mt Terry - Linda Winter (0436 631 170) lwinter@warrigal.com.au

Coniston - Amanda Keys (0438 412 298) akeys@warrigal.com.au

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Shell Cove - Lexy Varshawsky (0476 858 872) avarshawsky@warrigal.com.au

Bundanoon - Stacey Plain (02) 4884 6100 splain@warrigal.com.au

Goulburn - Rachael Edwards (0476 858 871) redwards@warrigal.com.au

Queanbeyan - Kathleen Thompson (0408 486 016) kthompson@warrigal.com.au

Stirling - Kimberley, Amit, Sushila (02) 6287 0200 kharris@warrigal.com.au

Calwell - Nancy Sconce (02) 6298 5200 nsconce@warrigal.com.au

The award recognises Warrigal's outstanding leadership, management, workforce culture, innovation, communication and excellence in the sector.

Warrigal is proud to highlight the work of their 1500 staff and more than 350 volunteers, who have continued to work together tirelessly to reach positive outcomes for the residents and customers who use Warrigal's services.

"Our positive workplace culture is part of our organisational DNA, and is led by the incredible contributions from our volunteers. Warrigal was founded by volunteers, and it is volunteers who continue to govern us right up to our Board of Directors. We thank all of the incredible people who contribute to making Warrigal what it is, and share this achievement of recognition at a national level with them." Mark said.

Warrigal is looking forward to celebrating their year of achievements with their staff, volunteers, residents, customers and community, particularly after a challenging year of working through the COVID pandemic.