

for older people

Inspiring communities VOLUNTEER NEWSLETTER

MAY 2024. ISSUE 37

Volunteer Update

Last week, during Volunteer Week 2024, we recognised and celebrated the incredible efforts of our 400 volunteers, with collective contributions totalling over **30,000** hours of dedicated service.

This year's theme, 'Something for Everyone', resonates with the essence of volunteering. It speaks to the diversity of passions and talents that each of you bring to Warrigal, highlighting that there is a place for everyone in the world of volunteering.

But volunteering is so much more than just coming in and doing a job; it's about community, friendship, and freely giving your time for the benefit of others.

Our residents eagerly anticipate seeing your friendly faces, engaging with you, and forming relationships. The love displayed by you is cherished by all and you are important to us, to our residents, and to our families.

Warrigal's origins were based on the dedication and service of volunteers. From our humble beginnings in 1967 to the present day, volunteers have remained at the heart of who we are and what we stand for.

Your unwavering commitment to our mission of providing exceptional care is a testament to Warrigal's values of integrity, innovation, and compassion.

On behalf of Warrigal, our staff, our residents, and their families, we express our deepest gratitude to each of you. You are more than just volunteers; you are the heart and soul of Warrigal.

Michelle Chate, Volunteer Coordinator



Norm Rowland Volunteer Award



The Norm Rowland Volunteer Award is a tribute to the legacy of Warrigal's founder, the late Rowland OAM. Norm's unwavering commitment to older people over his 60 years of volunteering at Warrigal makes him a true inspiration for all volunteers.

The Norm Rowland Volunteer Award is an opportunity to celebrate and recognise the outstanding contributions of Volunteers who share Norm's commitment to serving the needs of older people in the community.

We received nominations from managers and staff and the selection criteria was measured against six categories. Congratulations to all our winners and nominees.

WINNERS - Warrigal Care Auxiliary & Op Shop Derek & Jacqueline Bedson, Queanbeyan

NOMINEES - Klaus Grach (Bus Driver), Alana Walker (Mt Warrigal), Bill Leggo (Bus Driver and Entertainer), Annie Grech (Multicultural Village), Debbie Crosby (Mt Terry and Op Shop), Joan Burke (APR), Dorothy Abbott (Mt Terry), Roula Zaharias (Multicultural Village), Rex Halpin (Bus Driver), Paul Brady (Shell Cove), Cath Miller (Shell Cove), Sharon Norton (Warrigal Social), Lee Wright (Warrigal Social), Chris Fitzpatrick (Stirling ACT), Catholic Church (Calwell ACT), Allegra Henderson (Goulburn), Carol Gill (Bundanoon), Anglican Church (Calwell ACT), Baptist Church (Calwell ACT), Jennifer Rogers (Goulburn), Chris Nelson (Hughes ACT), Jill Elliot (Queanbeyan), Jan Elliott (Stirling ACT), Bundanoon Auxiliary, Goulburn Auxiliary

Congratulations Derek & Jacqueline Bedson

Derek and Jacqueline, have been volunteering at Warrigal Queanbeyan for over three years and consistently go above and beyond to enhance the lives of residents. From assisting with bus trips to organising events like the Remembrance Day Service and Carols by Candlelight, their contributions are invaluable.

Derek's commitment to driving the bus ensures residents enjoy scenic tours and shopping outings, while Jacqueline's infectious personality brightens many days. They also lead spiritual services and engage residents in choir practice. Their compassion, respect, and innovative ideas align perfectly with Warrigal's values. Derek's efforts in making bus trips comfortable and safe are highly appreciated, reflecting his dedication to resident well-being. Together, they create a warm and inclusive atmosphere, fostering connections and making Warrigal a brighter place for all.



The Warrigal Care Auxiliary & Op Shop has been a steadfast presence in the Illawarra region for over 40 years, run by dedicated volunteers whose efforts benefit all residential care homes in the Illawarra. Operating from Wednesday to Friday, with five volunteers each day, the Op Shop serves as a vital fundraising arm of the Auxiliary. Monthly meetings of the Auxiliary coordinate these efforts, which include the popular Fashion Parade held three times a year, drawing people at Warrigal and communities.

In recent years, the Op Shop has seen a resurgence since its relaunch in 2019, becoming a lively community hub. Volunteers, some of whom have dedicated over two decades to volunteering, contribute to its success. Beyond its role in fundraising, the Op Shop serves as a social space where locals can find bargain clothing and enjoy friendly banter with volunteers.

The impact of their fundraising is substantial, with over \$70,000 raised in 2023 and already \$23,000 donated in 2024. These funds have supported projects like the Mt Terry outdoor visiting area and curtains for the Coniston care home. The Warrigal Care Auxiliary & Op Shop stands as a testament to the power of community-driven initiatives in supporting residential care services.









Congratulations all the volunteers from the Warrigal Care Auxiliary & Op Shop:

Sonya Ankerholz-Potts, Susan Aschenwald, Shirley Barrette, Jan Buikstra, Johanne Collis, Debbie Crosby, Donna Ferrell, Jenny Greaves, Fran Mason, Jan McKechnie, Tia Moore, Pat Nathaniel, Dennese Orme, Julianne Orton, Gloria Pont, Anna Shirlaw, Margaret Whiteley

Finding The Perfect Outfit

The Warrigal Op Shop recently had a visit from CEO Jenni Hutchins, who sought their assistance in selecting an outfit for Volunteer Week events. Little did Jenni know the extent to which these wonderful volunteers would go when entrusted with such an important task. They meticulously chose outfits for Jenni to try on and model. I'm sure you'll agree, they absolutely nailed it!









Volunteer Week

















Volunteer Years of Service

This year we were excited to incorporate Volunteer Years of Service into our Volunteer Week celebrations, marking the beginning of an ongoing tradition to recognise volunteers who have dedicated 5, 10, 15, 20+ years to volunteering at Warrigal.

Volunteer years of service play an integral part in breathing life into Warrigal's vision that older people will live their best lives on their terms. Through their selfless dedication and tireless efforts, they have contributed to creating a community where older people feel valued, respected, and empowered to live their best lives.

On behalf of everyone at Warrigal, we extend our deepest gratitude for the remarkable volunteers who

have dedicated many years at Warrigal.

5+ Years of Service

Anna Bell, Janice Grimson, Helen McNeill, Nancy Turner, Janet Benn, Wendy Johnston, Michele Costello, Vera Blain, Jan Newbury, Kerry Larnach, Denise Lanham, Barbara Downey, Ian Smith, Freda Bush, Barbara Dunn, Sue McDonald, Kathy Booby, Steve Hohnen, Wendy Wise, Judith Bayliss, Jennifer Rogers, Teresita Corkery, Kathleen Yeadon, Gail Cox, Jillian Farrell, Carol Bailey, Peter Stutz, Neil Scott, Sydney Knight, Bob Stephens, Susan James, Mark Greenlees, Lexie Mayo, Robert Nance, Margaret Whiteley, Jenny Greaves, Shirley Barrette, Sonya Ankerholz-Potts, Julianne Orton, Debbie Crosby, Anna Shirlaw, Susan Aschenwald, Dennese Orme, Lyn Waser, Sue Porter, Sally Howling, Patricia Hughes, Christine Dobson, Des Bedford, Bobby Kerr, Merilyn Reurich, Mary Johnson, Alana Walker, Thomas Hegedus, Frances Cairns, Peter Maskiell, Betty Saxby, Paul Brady, Judith Wattus, Yvonne Wheatley, Allagonda Derks, Lorraine Green, Barbara Morgan, Susan Tomkins, Glenn Shepherd, Mark Cole, Kerry Shepherd, Sharon Norton, Fiona Pearson, Roula Zaharias, Julie Henderson, Robert Henderson, Molly Henderson, David Hamilton, Peter Hartas

10+ Years of Service

Ann McCarter, Laurel Hones, Russell Pryer, Christine Smith, Elizabeth Hartley, Ronald Read, Shirley Read, Barbara Creese, Narelle Lawler, Irene Picker, Anna Faucett, Norma Pooley, Rhonda Lister, Sharyn Girdler, Rex Halpin, Fran Mason, Maureen Cook, Scott Matthews, Jeanette Byers, Lyn Brown, William Villy, Linda Gray, Arlene Bowers, Catherine Miller, Christopher Miller, Nigel Parker, Lydae Pearson, Eliana Moro, Annie Grech, Karen Layton

15+ Years of Service

Sandra Redfern, Carolyn Gill, Jeremy Tonks, Wendy Crisp, Allan O'Rourke, Linda O'Rourke, Janny White, Jan Buikstra, Don Burgess, Don McAlister, Pauline Baxter

20+ Years of Service

Joan Burke, Jan McKechnie









Volunteer Years of Service





















Thank You

We'd like to extend a special **thank you** to our Community Facilitators, Social Coordinator, Fleet Services Officer, and Lifestyle Team Leaders who provide invaluable support and guidance to our volunteers day to day. These amazing teams ensure that our volunteer programs run smoothly and that volunteers feel welcomed into the Warrigal community. Without you all, the volunteer program simply wouldn't be possible. Thank you so much for everything you do.



Southern Leaders Shiva, Lee-Anne, Kim, Tash, Scott, Lisa, Stella, Michael, Amanda



Northern Leaders Adam, Maddie, Sukhmani, Sushila, Corae, Thanga



Lottie

When you next visit Warrigal Bundanoon, keep an eye out for our newest 'fur volunteer' and her owner, Juliet. Lottie will be providing Pet Therapy to our residents, and charming them with her adorable brown eyes and button nose.

Bundanoon Cookbook

Searching for a cookbook filled with delicious tried and true recipes? Look no further than the Bundanoon Cookbook, produced by the Warrigal Bundanoon Auxiliary. Priced at just \$10, it makes an ideal gift for any baker. But be quick, as stocks are limited. Contact Warrigal Bundanoon Reception at 4884 6100 for details.



Community Facilitators

Shell Cove - Scott Rayner 0476 858 872 srayner@warrigal.com.au

Warrigal Social

Illawarra - Lee-Anne Sutton 0436 815 911 lsutton@warrigal.com.au

Goulburn - Rachael Edwards (02) 4823 0600 redwards@warrigal.com.au

Lifestyle Team Leaders

APR - Natasha McAlister 0476 858 870 nmcalister@warrigal.com.au

Bundanoon - Corae Marx (02) 4884 6100 cmarx@warrigal.com.au

Calwell - Thanga Vaiphei (02) 6298 5200 tvaiphei@warrigal.com.au

Coniston - Kylie O'Brien (02) 4229 4433 kobrien@warrigal.com.au

Goulburn - Adam Skelly 0488 712 487 askelly1@warrigal.com.au

Hughes - Sukhmani Pabla (02) 6283 4980 spabla@warrigal.com.au

Mt Warrigal - Stella Banks 0458 110 571 sbanks@warrigal.com.au

Mt Terry - Kim Lillie (02) 4235 7600 klillie@warrigal.com.au

Multicultural Village - Rebecca Marshall 4276 3212 rmarshall@warrigal.com.au

Queanbeyan - Maddie Memmolo (02) 5110 3500 mmemmolo@warrigal.com.au

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Wollongong - Michael Patterson 0458 068 486 mpatterson@warrigal.com.au