

### Volunteer Update

July has been another busy month, with plenty of opportunities to connect with volunteers, staff and community organisations.

One of the highlights for me was travelling to Moruya to be part of the panel at the South Coast Volunteer Workforce Forum, hosted by the Community Industry Group. It was a wonderful opportunity to share ideas, learn from others and showcase the incredible work our volunteers do at Warrigal.

I also had the privilege of visiting Parliament House in Canberra as part of the Leadership Illawarra Program. It was a fascinating experience, meeting with Members of Parliament, attending Question Time, gaining a behind the scenes insight into how our Parliament operates, and visiting the Embassy of Mexico.

This edition is filled with wonderful stories showcasing the incredible difference our volunteers make across Warrigal. From building meaningful connections to bringing joy through everyday moments, from our oldest to youngest volunteers, you help our residents feel **known**, **loved**, and **connected**. Thank you for everything you do.

Michelle Chate, **Volunteer Manager**



### Little Heart, Big Impact



At just three years old, Violet is Warrigal's youngest volunteer and already making a big difference.

Violet visits Warrigal Goulburn with her mum, Molly, and loves picking flowers from her garden to hand out to residents. Whether she's chatting with residents in their rooms or spending time in the lounge room, Violet brings plenty of smiles wherever she goes.

Full of energy, Violet loves jumping, spinning and dancing, much to the delight of the residents. She often asks to go to Warrigal, simply because she loves volunteering, the friendships she has made and the special connections she shares with our residents.



## Congratulations Pauline Baxter

We were delighted to celebrate Pauline Baxter, volunteer at Mt Warrigal and congratulate her on being nominated as **winner** of the **Norm Rowland Volunteer Award (Northern)**.

For more than 41 years, Pauline has made an extraordinary contribution to the lives of residents through her compassion, kindness and unwavering dedication. Even after retiring from the Warrigal workforce, Pauline chose to continue volunteering, driven by her genuine care for the older people she has supported for so many years.

Known for her warm smile, infectious laugh and caring nature, Pauline spends countless hours connecting with residents, sharing conversations, listening to their stories and providing comfort, encouragement and companionship. Whether enjoying a cuppa together, helping with activities, assisting with special events or simply sitting quietly with someone who needs support, Pauline brings kindness and dignity to every interaction.

Her commitment has touched the lives of countless residents, staff and fellow volunteers, and her humble, dependable approach embodies the true spirit of the Norm Rowland Volunteer Award.



## Congratulations Janice Grimson

Congratulations Janice Grimson, volunteer at Bundanoon on being nominated as **winner** of the **Norm Rowland Volunteer Award (Southern)**.

Janice has been a volunteer at Bundanoon for over 11 years. She has volunteered in a number of roles including Treasurer of the former Warrigal Bundanoon Auxiliary, organised fundraising events at the home and within the community, and given herself to the Bundanoon café, where she provides one on one companionship and support to residents.

Through her warm and caring nature, Janice takes the time to truly listen to residents, so they feel heard, valued and included. She makes a genuine effort to understand each resident's individual needs and preferences, and encourages everyone to enjoy their time within the café.

Janice has played an important role in supporting the ongoing success of the café. She actively assisted with coordinating new matching crockery and utensils, and was instrumental in helping coordinate the café's 10th Birthday celebration, which was a wonderful success enjoyed by residents, staff and visitors alike.

Her kindness, her dedication, and her willingness to always lend a helping hand truly embody the spirit of the Norm Rowland Volunteer Award.



## Corpus Christi Students

We were delighted to welcome 21 students and teachers from Corpus Christi Catholic High School as part of their Outreach Program. The students will be visiting our Warrigal homes across the Illawarra on a fortnightly basis, volunteering alongside residents and staff through a variety of activities including conversations, games, gardening, walking groups, exercise sessions and other meaningful lifestyle activities, while building valuable intergenerational connections.

The students are excited to begin their volunteering journey, and we look forward to seeing these friendships grow throughout the remainder of 2026 and into 2027.



## Dr Harry Visits Bundanoon

Warrigal Bundanoon received a special visit from Dr Harry from Better Homes and Gardens and Hephner the alpaca, who were filming a segment for the show. Residents, staff and volunteers loved meeting Hephner and equally enjoyed spending time with Dr Harry and learning more about alpacas.



## Honouring Freda

Congratulations to Freda, who was recently presented with her Years of Service Award by Chief Operating Officer, Craig Smith, and Goulburn General Manager, Kat Withers. At an incredible 96 years young, Freda is Warrigal's oldest serving volunteer who continues to make a valued contribution as Treasurer of the Goulburn Auxiliary. Her dedication, commitment and many years of service are an inspiration, and we sincerely thank Freda for the difference she continues to make at Warrigal.



## Warrigal Calwell



Belinda, Lifestyle Leader and Glenda, Volunteer - St Patricks Day

## Warrigal Hughes



Anzac Day Service



Men's Group



Pet Therapy

## Warrigal Stirling



Birthdays with Volunteers, Jan, Marilyn & Lyn



Mending Session with Delcia, Volunteer

## Discover Warrigal Lake South

Join us for the first opening of Warrigal Lake South to learn more about our newest community village and find out what community living at Warrigal is all about.

Drop in and tour our display villas and the village's community spaces, and get your questions answered by our friendly team.

**Date:** Wednesday, 2 September 2026 **Free**

**Time:** 10am-1pm

**Address:** 10 Bradman Avenue, Lake Illawarra

To find out more and to reserve a spot, **RSVP** via the following link <https://bit.ly/3U4KRSB>

### Fleet Services

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### Community Facilitator

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### Warrigal Social

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### Lifestyle Team Leaders

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**Bundanoon** - Corae Marx (02) 4884 6100  
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**Calwell** - Belinda Huntly 0448 586 928  
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